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Newsletter for Sunday, 11th February 2024, Sixth Sunday of the Year.

Mass Books p137. Ps: Week 2.

We pray for the Parish of St Mark, Ipswich, the Holy Land, Ukraine, the Catholic Community in Prek Toal, Cambodia, and SVP in Kerala, India.
Today is World Day of Prayer for the Sick, a Day of Prayer for the Unemployed and in our Diocese of East Anglia, a Day of Prayer for Engaged Couples.

Mass Times this week

Saturday 6.30pm
Sunday 9.00 am,
11.00 am,
Monday 9.30 am, Feria
Tuesday 9.30 am, Feria

Memorial Acc: We proclaim..

*For John Reddaway - in thanksgiving
People of the Parish
Erich Danisz RIP
Sarah and Mick Truman's intentions
David Ingle RIP*

ASH WEDNESDAY Day of Fast and Abstinence

	12.15 pm,	<i>Dymphna Cunningham RIP</i>
	7.30 pm,	<i>Cosmo, Benedict and Miles RIP</i>
Thursday	-----	No Mass today
Friday	12.15 pm, Lent Feria	<i>Souls in Purgatory</i>
Saturday	10.00 am, Lent Feria	<i>Private intention</i>
	6.30 pm, (1st Sunday of Lent)	<i>Anthony & Conor Fahy RIP</i>

Sacrament of Reconciliation, Saturday, 10.30 am, or by appointment. **Exposition of the Blessed Sacrament**, Friday, 11.40 am – 12.10 pm, before Mass.
Teas and coffees after 9.00 and 11.00 am Mass. **Children's Liturgy** at 11.00 am Mass today. **Rosary** at 11.45 am on Wednesdays, before Mass.

THE SEASON OF LENT

ASH WEDNESDAY Day of Fast and Abstinence. Ashes will be distributed at 12.15 pm and 7.30 pm Mass. The Fast means only one full meal and two light meals and is binding on those who have reached their majority to age 59. Abstinence from flesh meat is binding on those aged 14 and over. The sick and infirm are dispensed from both Fast and Abstinence.

Walk with Me, a Journey of Prayer for Lent Specially commissioned this year for East Anglia with an introduction by Bishop Peter, *Walk with Me* has a short daily meditation and prayer linked to the Mass of the day, in a handy sized booklet. I do recommend it. Price is just £1, on sale at the back of the church.

Stations of the Cross in Lent We will be sharing the Stations again this year with St Peter's Church Anglican congregation on Fridays at 7.00 pm, beginning this week in St Peter's Church, Broad Street, and then alternate weeks here in St Etheldreda's.

Lenten Alms this year will be devoted to our twinned brothers and sisters in the community of Prek Toal, Cambodia.

The Spring Parish Forum will be held on Thursday, 29th February at 7.30 pm in the Parish Rooms. Laurence Tisi will chair the Forum. All are invited to take part.
WE NEED YOU! The Gardening Group is meeting on Saturday, 17th February, from 2.00 pm. Please come and join us if you can, even for an hour or so. No previous gardening experience required. Refreshments will be provided. Thank you and hope to see you then!

Please pray for King Charles, Derek Rosario and all our sick and housebound brothers and sisters and for the Anniversaries of Gillian Middlebrook, Martha D'Souza, Ivan Daniels, David Green, Herbert Holmes, Lydia Arnold, Joan Thomson, Dennis Smart, Imelda Houston, Dermot Fahy, Janet Lee, Catherine King, Nancy Woods, Leo Lawson, Anthony Fahy and John Short. May they rest in peace.

Collections last weekend *Parish*: £890.31. Thank you all for being so generous.

Holy Baptism Congratulations and every blessing to two cousins we baptised last Sunday, **Eleanor Samantha Frances Argent**, and to her parents, Daniel and Victoria, and **Joseph Daniel Sullivan**, to his parents, Richard and Elizabeth, and to all their families.

For the Catholic Chaplain in Addenbrooke's, call the Chaplains' Office, 01223 217769. **Relationship difficulties** Contact Marriage Care 0800 389380

>>> Coming up: SVP next meets Monday, 12th February, at 10.15 am. **Parish Bible Study and Prayer Group** meets Saturday, 17th February, at 10.45 am.

God bless you this week and in the coming holy season of Lent, Deacon Paul and Father David.

Prayers of the Faithful – Sixth Sunday of the Year 2024

Priest:

The Lord is our refuge, he fills us with the joy of salvation. Therefore, let us offer our prayers in joyful trust.

Reader:

For the Church: that the coming season of Lent may be a time of renewal in prayer for all the faithful and in the service of those in need...*PAUSE*

Lord, hear us.

For engaged couples: that they may, by God's blessing, grow in their respect for one another and cherish each other with a sincere love...*PAUSE*

Lord, hear us.

For our brothers and sisters who are sick, for their families and for those who care for them. We pray especially for King Charles, for the Queen and for their family at this time. May they all be strengthened by the healing Spirit of God...*PAUSE*

Lord, hear us.

For those who are suffering because of the barbarity of war and the cruelty of those bent on hatred and aggression: that the efforts of peace makers may be blessed and may bear fruit...*PAUSE*

Lord, hear us.

For those who cannot find work: that they may not lose hope but may receive the help and support they need in finding employment...*PAUSE*

Lord, hear us.

Let us pause to pray in silence for our own needs...*LONGER PAUSE*

We ask for the prayers of Our Lady of Lourdes for the sick and for all the faithful, living and departed: Hail Mary...

Priest:

Loving Lord, you lift us when we are brought low, you raise our spirits and our hearts. We come to you knowing you will always guide us. In your mercy, grant the prayers we make through Christ our Lord. Amen. Amen.

